

# Rennverlauf

## Nordrhein-Westfälische Meisterschaften und Jahrgangs-Meisterschaften lange Strecken

Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit
Pöhler, Mats	2005	4	400 L	10	50	00:39,33	00:39,33
					100	01:26,75	00:47,42
					150	02:13,25	00:46,50
					200	03:01,28	00:48,03
					250	03:50,21	00:48,93
					300	04:41,64	00:51,43
					350	05:21,33	00:39,69
					400	05:59,48	00:38,15
Pöhler, Mats	2005	6	1500 F	17	100	01:18,27	01:18,27
					200	02:42,70	01:24,43
					300	04:06,67	01:23,97
					400	05:31,03	01:24,36
					500	06:55,96	01:24,93
					600	08:20,62	01:24,66
					700	09:44,08	01:23,46
					800	11:07,97	01:23,89
					900	12:31,04	01:23,07
					1000	13:55,11	01:24,07
					1100	15:19,94	01:24,83
					1200	16:45,43	01:25,49
					1300	18:12,17	01:26,74
					1400	19:38,60	01:26,43
1500	21:00,53	01:21,93					
Pöhler, Zoe	2002	3	400 L	13	50	00:36,69	00:36,69
					100	01:21,01	00:44,32
					150	02:06,58	00:45,57
					200	02:51,99	00:45,41
					250	03:45,07	00:53,08
					300	04:36,40	00:51,33
					350	05:16,18	00:39,78
					400	05:54,87	00:38,69

<b>Name</b>	<b>Jg.</b>	<b>Wk-Nr</b>	<b>Strecke</b>	<b>Platz</b>	<b>Distanz</b>	<b>Splitzeit</b>	<b>Lapzeit</b>
Vandenhirtz, David	2005	6	1500 F	16	100	01:18,71	01:18,71
					200	02:43,07	01:24,36
					300	04:07,97	01:24,90
					400	05:32,81	01:24,84
					500	06:57,97	01:25,16
					600	08:21,04	01:23,07
					700	09:43,84	01:22,80
					800	11:06,20	01:22,36
					900	12:29,21	01:23,01
					1000	13:52,65	01:23,44
					1100	15:16,91	01:24,26
					1200	16:39,98	01:23,07
					1300	18:03,43	01:23,45
					1400	19:27,74	01:24,31
					1500	20:46,51	01:18,77