# $54^{\text {th }}$ International SwimmingFestival 

October 25-27, 2024

Dear Swimming Friends,
With great pleasure we invite you to the $54^{\text {th }}$ edition of the International SwimmingFestival in Aachen, known as the strongest short course festival in Germany and one of the best in Europe.

## The HIGHLIGHTS:

- program includes all Olympic competitions + all $50 \mathrm{~m}+100 \mathrm{~m}$ medley
- $4 \times 50 \mathrm{~m}$ medley and $4 \times 50 \mathrm{~m}$ free mixed relays
- short course (25m), electronic timing, 6 lanes
- open class only
- finals with strong fields of participants
- up to $\mathbf{1 0 . 0 0 0} €$ prize money (also for $2^{\text {nd }}$ and $3^{\text {rd }}$ places)
- prize money for the best over-all performance according to the World Aquatics Points table ( $\mathbf{2 5 0} €$ ) for the best male and female swimmer
- best conditions for the athletes: fast pool, Omega start blocks, backstroke start wedges, limited number of heats
- opportunity for paralympic swimmers to participate


## FACTS ISF 2009-2023:

- World record 50m butterfly by Steffen Deibler (22.06 sec.) in 2009
- national records by Caroline Ruhnau, Kerstin Vogel, Steffen Deibler (GER), Kimberly Buys, Jolien Sysmans, Jasper Aerents (BEL), Raphael Stracchiotti (LUX), Job Kienhuis, Femke Heemskerk (NL) and Nils Liess (SUI)
- swimmers from 15 nations competing in Aachen: BEL, BRA, DEN, FAR, GER, GRE, IRL, KOS, LUX, MLT, NED, NOR, POL, SUI, SWE

We are looking forward to welcoming you to the $54^{\text {th }}$ International SwimmingFestival, together with many other teams from Europe. As the inviting club, ASV06, we will do our best to create the general conditions for top performances with the help of our long-time experience.

Looking forward to seeing you in Aachen in October.
Yours sincerely,
Aachener Schwimmverein 06 e.V.

## PROGRAM



| Saturday, 26.10.2024 |  |  |  |  | Warming up: 11.00 h |  |  | Beginning: 12.30 h |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 5 | w | 50 m | fly | prelims |  | 0:31.00 | Maike de Waard, NED | 2018 | 0:25.36 | Femke Spiering, NED | 0:27.10 | 150 € |
| 6 | m | 50 m | fly | prelims |  | 0:27.50 | Steffen Deibler, GER | $\underline{2009}$ | 0:22.06 | Luca Nic Armbruster, GER | 0:23.04 | $150 €$ |
| 7 | w | 200 m | breast | decision |  | 2:48.00 | Rikke Peddersen, DEN | 2016 | 2:22.85 | Kim Janen van Galen, NED | 2:32.36 | 150 € |
| 8 | m | 200 m | breast | decision |  | 2:36.00 | Marco Koch, GER | 2013 | 2:05.02 | Lucas Greven, NED | 2:10.50 | $150 €$ |
| 9 | w | 50 m | back | prelims |  | 0:32.00 | Maaike de Waard, NED | 2018 | 0:26.72 | Femke Spiering, NED | 0:28.27 | 150 € |
| 10 | m | 50 m | back | prelims |  | 0:29.00 | larre Lafort, BEL | 2019 | 0:24.12 | Luca Nic Armbruster, GER | 0:24.55 | $150 €$ |
| 11 | w | 200 m | fly | decision |  | 2:28.00 | Lotte Hosper, NED | 2022 | 2:10.54 | Femke Spiering, NED | 2:13.22 | $100 €$ |
| 12 | m | 200 m | fly | decision |  | 2:14.00 | M. Brzoskowski, NED | 2018 | 1:52.33 | Niels de Boer, NED | 1:58.38 | $150 €$ |
| 13 | w | 50 m | breast | prelims |  | 0:36.00 | Moniek Nijhuis, NED | 2014 | 0:29.90 | Lynn Blommers, NED | 0:31.78 | $150 €$ |
| 14 | m | 50 m | breast | prelims |  | 0:31.00 | Ties Elzermann, NED | 2018 | 0:26.32 | Luca Nic Armbruster, GER | 0:27.54 | $150 €$ |
| 15 | w | 200 m | back | decision |  | 2:30.00 | Wendy vd Zanden, NED | 2013 | 2:07.38 | Maya Werner, GER | 2:13.67 | 150 € |
| 16 | m | 200 m | back | decision |  | 2:22.00 | Jens Thiele, GER | 2006 | 1:55.20 | Austin Namesnik, NED | 1:58.93 | $150 €$ |
| 17 | w | 50 m | free | prelims |  | 0:29.00 | Ran. Kromowidjojo, NED | 2014/15 | 0:23.64 | Rosalie Reef, NED | 0:25.37 | 150 € |
| 18 | m | 50 m | free | prelims |  | 0:25.00 | Steffen Deibler, GER | 2009 | 0:21.00 | Luca Nic Armbruster, GER | 0:22.25 | $150 €$ |
| 19 | w | 400 m | free | decision | 4 | 4:48.00 | Rieneke Terink, NED | 2009 | 4:05.83 | Maya Werner, GER | 4:12.94 | 150 € |
| 20 | m | 400 m | free | decision | 4 | 4:11.00 | M. Brzoskowski, NED | 2021 | 3:42.99 | Efe Öngören, NED | 3:53.28 | 150 € |
| 21 | w | 100 m | ind. med. | prelims |  | 1:11.00 | Femke Heemskerk, NED | 2014 | 0:58.96 | Kellie Messel, GER | 1:01.75 | 150 € |
| 22 | m | 100 m | ind. med. | prelims |  | 1:04.00 | Kyle Stolk, NED | 2018 | 0:52.70 | Luca Nic Armbruster, GER | 0:53.92 | $150 €$ |


|  | Saturday, 26.10.2024 |  |  |  | Warming up: 17.00 h |  |  | Beginning: 18.30 h |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| "ASV06 Young talents" heat before the official finals. Finals start approx. 18.35 h |  |  |  |  |  |  |  |  |  |  |  |  |
| Finals No. $5 / 6 \quad 9 / 10 \quad 13 / 14 \quad 17 / 18$ 21/22 |  |  |  |  |  |  |  |  |  |  |  |  |
| 23 |  | $\times 50 \mathrm{~m}$ med | ley mixed | decision |  |  | KNZB, NED | 2015 | 1:41.72 | ZPC Amersfoort | 1:47.33 |  |
|  | Sunday, 27.10.2024 |  |  |  | Warming up: 08.30 h |  |  | Beginning: 10.00 h |  |  |  |  |
| 24 | w | 200 m | free | prelims |  | 2:09.00 | Femke Heemskerk, NED | $\underline{2014}$ | 1:51.72 | Maya Werner, GER | 1:59.61 | $150 €$ |
| 25 | m | 200 m | free | prelims |  | 1:59.00 | Steffen Deibler, GER | 2009 | 1:43.75 | Tobias van Aggelen, GER | 1:49.17 | $150 €$ |
| 26 | w | 200 m | ind. med. | prelims |  | 2:31.00 | Femke Heemskerk, NED | $\underline{2014}$ | 2:07.26 | Kellie Messel, GER | 2:13.51 | $150 €$ |
| 27 | m | 200 m | ind. med. | prelims |  | 2:14.00 | Arjan Knipping, NED | 2018 | 1:56.43 | Luca Nik Armbruster, GER | 1:59.68 | $150 €$ |
| 28 | w | 100 m | back | prelims |  | 1:09.00 | Maaike de Waard, NED | 2013 | 0:57.47 | Maya Werner, GER | 1:01.29 | $150 €$ |
| 29 | m | 100 m | back | prelims |  | 1:02.00 | Nelson Da Silva Jr, BRA | 2017 | 0:52.45 | Austin Namesnik, NED | 0:55.28 | $150 €$ |
| 30 | w | 100 m | fly | prelims |  | 1:09.00 | Inge Decker, NED | 2007 | 0:57.55 | Femke Spiering, NED | 1:00.78 | $150 €$ |
| 31 | m | 100 m | fly | prelims |  | 1:00.00 | Joeri Verlinden, NED | 2009 | 0:50.95 | Michael Smink, NED | 0:52.44 | $150 €$ |
| 32 | w | 100 m | breast | prelims |  | 1:18.00 | Tes Schouten, NED | 2022 | 1:04.73 | Lynn Blommers, NED | 1:08.68 | 100 € |
| 33 | m | 100 m | breast | prelims |  | 1:11.00 | Marco Koch, GER | 2013 | 0:58.24 | Lucas Greven, NED | 1:00.05 | 150 € |
| 34 | w | 100 m | free | prelims |  | 1:01.00 | Femke Heemskerk, NED | 2014 | 0:51.66 | Femke Spiering, NED | 0:54.88 | 150 € |
| 35 | m | 100 m | free | prelims |  | 0:55.00 | Steffen Deibler, GER | $\underline{2009}$ | 0:45.91 | Luca Nik Armbruster, GER | 0:48.83 | 150 € |
| 36 | w | 1500 m | free | decision | 2 | 19:00.00 | Imani de Jong, NED | 2022 | 16:25.19 | Maya Werner, GER | 16:52.50 | 100 € |
| 37 | m | 800 m | free | decision | 2 | 9:00.00 | M. Brzoskowski, NED | 2022 | 7:54.62 | Efe Öngören, NED | 8:00.16 | $100 €$ |


| Sunday, 27.10.2024 |  |  | Warming up: 14.00 h |  | Beginning: 15.00 h |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 38 | $4 \times 50 \mathrm{~m}$ free mixed | decision | zPC Amersfoort | 2023 | 1:37.40 | zPC Amersfoort | 1:37.40 |
| Finals No. 24-35 |  |  |  |  |  |  |  |

## Rules and regulations

## 1. Rules and Conditions of Participation

The meeting will be staged according to the rules (WB and RO) and the anti-doping regulations (ADO) of the German Swimming Federation (DSV). For handicapped swimmers with the appropriate classification of evidence the rules and regulations of the German Disabled Sports Federation (DBS) will be in force additionally. The meeting is open to all clubs and teams of federations associated to World Aquatics. For German clubs we refer to the special regulations of the DSV (please see also the German version of this invitation).

When submitting the entries, the club must confirm that its athletes are healthy to do sports.

## 2. Registration

### 2.1. Pre-registration

We would be pleased to receive a pre-registration at isf@asv06.de till 01.09.2024, so that we can arrange all required preparations for your stay in Aachen.

### 2.2. Registration

Please send your entries until Wednesday, October 10, 2024, to

## Sabine Zimmermann

Von-Coels-Str. 26, 52080 Aachen
Cell: +49 17678205065
Email: isf@asv06.de
For electronic entry we provide a competition definition file in Lennex 3 standard in the download area of our homepage (https://isf.asv06.de).

Official competition results from the period September 1, 2022, to October 10, 2024 are to be used as entry times! The use of times achieved in a 50 m pool is allowed.

We expect the registration in Lennex 3 format, with a proof when and where the entry time has been reached. Another way of reporting is possible for non-European clubs, if each entry time is proven (e.g., by attaching the respective meeting protocol where it was reached). In justified individual cases we take the liberty to waive the proof of the

| Timetable |  |
| :---: | :---: |
| $01.09$ | Pre-registration |
| 10.10. | entry deadline |
| 14.10. | entry list |
| 17.10. | Deadline cancelations |
| 20.10 . | Final start list |
| 25.10. |  |
| $\begin{aligned} & 26.10 \\ & 27.10 \end{aligned}$ | 54th ISF | entry time, if this is in the best interest of a high-class competition.

### 2.3. Limitation of entries

We limit the number of heats in the best interest of a high-class competition (refer also to column „L.H." in the table on page 2). The swimmers with the fastest entry times (please also see paragraph 2.2) will be accepted. Additional eight swimmers will be put on the reserve list for each event. The corresponding start list (including reserve swimmers) will be published on October 14, 2024.

The given standard times in the program are based on the results of the last years and shall be understood as follows: You will be likely accepted if your entry time is below the standard time.

We reserve the right to reserve two starting places per event for the swimmers of the organizing ASV06. We reserve the right to reserve two starting places per event for paralympic swimmers.

### 2.4. Registration fee

The entry fee is $12,00 €$ for each individual start and $20,00 €$ for relays. The entry fee can only be transferred to the bank account of the Aachener Schwimmverein 06 e.V.

## Account holder: Aachener Schwimmverein 06 IBAN: DE66 390500000026060483 SWIFT/BIC-Code: AACSDE33

The entry fee must be transferred until Wednesday, October 23, 2024, otherwise the club/team is not allowed to start. The possible overpaid money (from athletes on the reserve list) will be paid back via bank transfer. We therefore ask you to include your bank details (IBAN and BIC/SWIFT-Code) in your registration.

If a club does not participate, the duty of payment persists.

## 3. Competition

The swim meet will be held at "Schwimmhalle Ost", St.-Josefs-Platz 8, 52068 Aachen (Germany). The pool consists of six lanes and is 25 m long (short course). The lanes are separated by wave-killing lines. The temperature of water is at least $26^{\circ}$ Celsius, the depth varies from $2.00 \mathrm{~m}-3.80 \mathrm{~m}$.

Electronic timing (system Omega) will be used. The one-start-rule will be used (see §119 sec. 3 WB (DSV)). The start list will be arranged according to §121-§123 WB (DSV). The start signal will be given in English.

Backstroke start wedges will be in use.

## 4. Officials

From 5 athletes per section, one official must be provided for this section, from 10 athletes onwards, 2 officials must be provided, etc. The other officials will be organized by the organizer in cooperation with Schwimmbezirk Aachen.

## 5. Rewards

The ranking only consists of open class. The three best swimmers of each event receive medals. The prize money is regulated by paragraph 9 of this invitation.

## 6. Mixed medley relay

Two women and two men have to swim, but their order is arbitrary. In addition to relay teams from clubs, also teams from national or federational groups are allowed to start. The medley-relay has to be swum in the ordinary order: back-breast-fly-free.

## 7. Spectators

Spectators are very welcome! Further information and entrance fee will be published in due time on the event website https://isf.asv06.de.

## 8. Privacy

With the registration, the club or swimmer accepts the invitation and the rules of the competition. The club and/or the swimmer agree to the storage of personal data. Permission is also given to publish event information. On top the club and/or swimmer also declares that all provided data, all photos and videos taken at the meet can be used for media and sponsors without compensation.

## 9. Prize money

Up to $9,740 €$ in prize money will be awarded. The money is distributed according to the following system:

## A. Specialist's Rating

There is prize money available in the following categories for men and women:

| $100+200 \mathrm{~m}$ | Butterfly | (fly specialist) |
| :--- | :--- | :--- |
| $100+200 \mathrm{~m}$ | Backstroke | (back specialist) |
| $100+200 \mathrm{~m}$ | Breaststroke | (breast specialist) |
| $100+200 \mathrm{~m}$ | Freestyle | (free specialist) |
| $400+800+1500 \mathrm{~m}$ | Freestyle | (long-distance specialist) |
| $200+400 \mathrm{~m}$ | Individual Medley | (medley specialist) |

In each category, the highest score will be determined according to the current World Aquatics points-table. If a swimmer starts in prelims and final, the time of the final will be taken if he achieves more than zero points. For the long-distance specialists, only the two best results will be considered for the award. In each category the three best swimmers (male and female) get a prize money of $\mathbf{1 0 0} €, \mathbf{5 0} €$ and $\mathbf{3 0} €$ respectively.

## B. Sprint Rating

In the prelims of all 50 m -competitions and 100 m ind. medley the eight fastest swimmers will get points: 10-8-$6-5-4-3-2-1$. The three best swimmers with the highest score from all five competitions will be awarded a prize money of $\mathbf{2 5 0} €, \mathbf{1 5 0} \boldsymbol{€}$ and $\mathbf{1 0 0} €$ respectively.

## C. Relays

The three best teams receive $\mathbf{2 4 0}$ €, $\mathbf{1 2 0} €$ and $\mathbf{8 0} €$, respectively.

## D. Special Rating

The swimmer who gains the highest score in a single race (World Aquatics table, short course) will get a prize money of $\mathbf{2 5 0} €$ each. Men and women are awarded separately.

## E. Record Reward

For each new Festival record a premium of $\mathbf{5 0} \boldsymbol{€}$ will be awarded. If no new record is set up for an event, the prize money will be passed into a record jackpot. This means that next year the prize money will be $100 €$ for this event and so on. But the jackpot is limited to $\mathbf{1 5 0} \boldsymbol{\epsilon}$. You can see the amount for each event in the program table.

If a record is set up in a prelim, the prize money will only be given when the swimmer also starts in the final of this event. If more than one swimmer breaks the record, only the fastest swimmer will get the reward and will be published as record holder.

Prize money and awards must be received in person. Otherwise, they will be forfeited to the organizer after the end of the competition (ASV06).

This invitation was shown to the swimming officer of Swimming District Aachen (Schwimmbezirk Aachen), Dirk Heinrichs.
In case of any disagreement between the English and German version of this invitation, the German version is the relevant one.

Norbert Kotthoff<br>President<br>Aachener Schwimmverein 06 e.V.

Bernd Zimmermann<br>Organizing Committee ISF 2024<br>Aachener Schwimmverein 06 e.V.

